

Say yes to success in your career!

Expand your professional effectiveness with Jeanine Cogan, Certified Coach

As you navigate your career do you find yourself

- Not sure of what to do next?
- Overwhelmed or bored ?
- Frantically working without a sense of progress or upward movement?
- Wanting to be bold, or try something new?
- In need of an action plan and someone to hold you to it?

If you answered yes to any these then this package is for you! Many professionals today have bold goals they want to reach in their careers. The time has come for you to *thrive* professionally.



Let's make 2007 your year of great professional success!

As a certified leadership coach, I initiate conversations with you about your career that you normally **avoid** so you will

- 1) see things as they really are,
- 2) make new decisions, and
- 3) ask for what you want & get it

This Professional Success package includes:

- Nine in person or phone coaching sessions
- The career autobiography to uncover your attitudes towards work & career that are the foundation for your actions or lack of action
- The EQi - an assessment tool on emotional intelligence to see how your strengths can support your professional power
- Booster session at 3 months. This follow-up coaching session supports you in reaching your professional goals

"In our coaching I learned that I can ask for a lot more than I think. And it was so easy!" M. La Russo

This coaching client successfully negotiated a salary package that included a \$10,000 raise, a research assistant and travel funds.

Cost of package is \$1800. Call 202-352-3208 for information.



Jeanine Cogan, Ph.D. is a psychologist and certified coach with extensive experience in successfully empowering others to take positive, forward moving action in their lives. Jeanine has coached a wide array of professionals including CEO's, directors, managers, small business owners, government and non-profit employees, writers, musicians, artists, teachers, and professors. For a more extensive bio please go to www.CoganCoaching.com.